

Sat, 09 Feb 2019 08:54:00

GMT word it activity 15
creative pdf - In positive
psychology, a flow state,
also known colloquially as
being in the zone, is the
mental state of operation in
which a person performing
an activity is fully
immersed in a feeling of
energized focus, full
involvement, and
enjoyment in the process of
the activity. In essence,
flow is characterized by
complete absorption in
what one does ... Flow
(psychology) - Wikipedia -
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